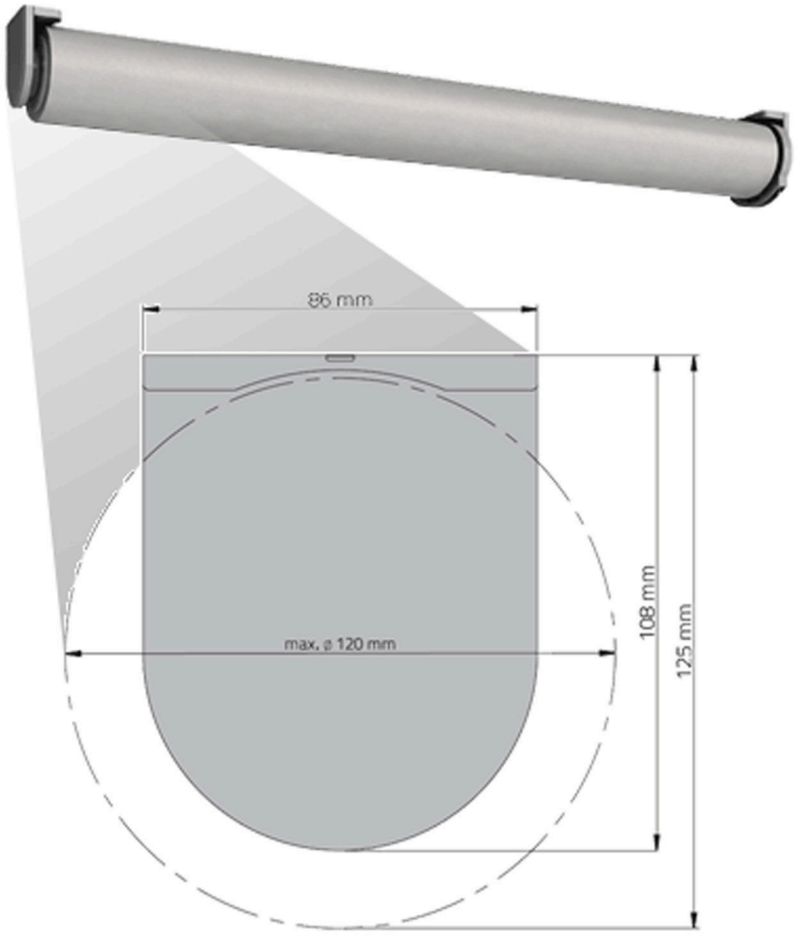Typ 1